**COVID – 19, Operating Plan**

**Policy update Whilst swimming both in open water and in pools has been classed as low risk, proximity of individuals is at present high risk.  To minimise** **the possibility of cross-infection, we are putting the following steps in place to reduce the transmission risk of Covid-19**

**\*ONLINE PAYMENT AND BOOKING ONLY**

**\* NO SPECTATORS OR VISITORS ON SITE**

**\*ARRIVE 15min BEFORE** **BOOKED TIME SLOT & BE ON TIME**

**\*SOCIAL DISTANCE 5m FOR EACH OTHER**

**\*PLEASE TURN UP READY DRESSED IF YOU CAN**

**\*RESPECT US AND OTHERS WEAR A MASK**

**\*BRING YOUR OWN HAND SANITISER**

**\*DON’T FORGET TO READ FIRST SWIM DOCUMENT**

**\*TOW FLOATS ARE ENCOURAGED** **(DRY BAG OPTION IS GOOD TO HOLD      (DRINK)**

**\*ASK US ABOUT A % CODE OFF A DRYBAG TOWFLOAT ONLINE**

**\*BRIGHT SWIM CAPS, Not dark colours or white**

**\*THERE IS NO EQUIPMENT HIRE FOR NOW**

**\*DON’T BRING BELONGINGS TO THE WATER EDGE (CHANGE BEFORE   OR AT VEHICLE)**

**\*FOOTWEAR AND MINIMAL DRY GEAR TO THE LAKESIDE AREA ONLY**

**\*SHOWERS & CHANGING ROOMS CLOSED**

**\*TOILETS WILL BE OPEN AND CLEANED BY VENUE**

**\*LINE UP FROM THE SHORE LINE BY THE HUT TO THE ROAD**

**\* YOU WILL BE BRIEFED AT WATERS EDGE INCLUDING   SWIMMING GUIDELINES AND SOCIAL DISTANCING SWIMMING**

**PARKING**

**Please park with care at Sweethope and don’t worry about blocking each other in as your sessions that are booked will start and finish at the same time with you all leaving about the same time as each other.**

**We will be asking for the first cars that turn up to utilise all the areas include the small track to the right side of the car park just before you enter.**

**When parking side on to each other give the person next to you a socially distance zone of 2m**

**PLEASE DON’T EXIT VEHICLES** **AND HANG OUT N CHAT**

**PLEASE TURN UP READY DRESSED IF YOU CAN**

**STAY IN YOU VEHICLE** **TILL ITS CLEAR FOR YOU TO OPEN YOUR DOOR**

**ONCE YOU'RE** **READY, HEAD TO THE LINE UP AT THE HUT**

 **Covid health declaration / signs**

• **Declaration signs will be displayed at lakeside highlighting likely symptoms.**

• **All swimmers to self-declare they do not have any signs or symptoms of Covid-19**

• **Swimmers will be require to answer two screening questions -**

• **If they have a temperature and or a new cough, this will be recorded by H2oTrails**

**YOU CAN DOWNLOAD THIS DOCUMENT HERE**